

# DELAWARE RUNNING CLUB



The Delaware Running Club is the distance running contingent of the Delaware Sports Club. We focus on training, social interaction with other runners, and having fun! Most of our members and activities are in the greater Wilmington area.

• Member Discounts at the following merchants, who kindly sponsor our club and our sport:

- Delaware Running Company
- Whitten's Fine Jewelry
- Sports Authority

## Please join us!

Your annual membership provides the following benefits:

- Three group training runs a week – year round
- Regular updates on local running and social opportunities via our e-mail list
- Ability to share your running news with other members via our website
- Membership in the Road Runners Club of America
- Club affiliation with USA Track and Field
- Option to purchase discounted club racing singlets at the Delaware Running Company
- Invitations to club social events such as our Fall Fling, Christmas Party, and Holiday Breakfasts.

## Contacting us is EASY!

Visit [www.delawarerunningclub.org](http://www.delawarerunningclub.org)

or

e-mail [info@delawarerunningclub.org](mailto:info@delawarerunningclub.org)

or

simply fill out the membership form on the back of this page!



# Delaware Sports Club – Individual Membership Application

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

e-mail Address: \_\_\_\_\_

\_\_\_\_ Please send an individual USATF membership application.

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race or club official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club events including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver, and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Delaware Sports Club, Inc., and its officers and agents, all sponsors, their representatives and successors, including the Road Runners Club of America, its officers, directors, agents, and employees, from all claims or liabilities of any kind arising out of my participation in these club activities, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

\_\_\_\_\_  
Signature of Member (signature of parent or guardian if member is under 18 years of age)

Date \_\_\_\_\_

*Dues:*

DELAWARE SPORTS CLUB INDIVIDUAL DUES: \$6.00 PER CALENDAR YEAR

DELAWARE RUNNING CLUB SINGLET: \$14.00 (PLEASE PICK UP AT THE DELAWARE RUNNING COMPANY STORE)

TOTAL REMITTED: \$ \_\_\_\_\_

## Make Checks Payable to DELAWARE SPORTS CLUB

*Please send this form and dues to:*

MEMBERSHIP CHAIRPERSON

DELAWARE SPORTS CLUB

P.O. BOX 226

WILMINGTON, DE 19899

Or drop off in person at the Delaware Running Company store in Greenville